The Luke Air Force Base ETH FIGHTER W "We train the world's greatest fighter pilots and combat ready Airmen" Vol. 22, No. 4

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Courtesy photos PIESTEWA CHALLENGE

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Thunderbelt

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By Airman 1st Class MASON HARGROVE

56th Fighter Wing

The 56th Fighter Wing hosted an Honorary Commander Rodeo for 45 HCCs March 24, 2023, at Luke Air Force Base, Arizona.

The event provided HCCs with a unique opportunity to gain insight into the 56th FW's mission and capabilities, while also promoting mutual understanding with the local community.

"We were thrilled to host the 56th Fighter Wing honorary commanders at Luke," said U.S. Air Force Brig. Gen. Jason Rueschhoff, 56th FW commander. "Their hands-on participation and engaging conversations made the event a resounding success!"

HCCs participated in a training simulator used by F-35 Lightning II pilots, gaining insight into the complexity of pilot training operations and their importance in the Department of Defense.

The event also provided a hands-on experience for HCCs, including a simulated bomb building exercise conducted by the 56th Maintenance Group, showcasing the precision and effort required in creating these vital pieces of equipment.

Fabrication Flight demonstrated their ability to maintain aircraft parts and keep them in working order.

"The Honorary Commander Rodeo was a great opportunity for honorary commanders to learn more about Luke and its mission," said Grace Yen, 56th FW Chaplain HCC. "It allows us as honorary commanders to continue to garner greater partnerships with Luke personnel."

The 56th Medical Group showcased a Tactical Combat Casualty Care course, which allowed the HCCs to gain insight into the crucial role of medics in combat situations.

In addition, the 56th Mission Support Group provided HCCs with the opportunity to witness the advanced weaponry and tactics used by the 56th Security Forces Squadron.

The 56th MSG also included an explosive ordnance disposal, fire protection,



U.S. Air Force photo by Airman 1st Class Mason Hargrove

U.S. Air Force Staff Sgt. Daryan Hargrove, 56th Security Forces Squadron military working dog handler, and Bboa, 56th SFS MWD, showcase bite drills during the Honorary Commander Rodeo, March 24, 2023, at Luke Air Force Base, Arizona.

and a fuels management display, showcasing the vital role of the MSG in supporting Luke AFB and its personnel.

"A huge 'Thank you!' to the entire Thunderbolt Team for making this immersion possible," said Rueschhoff. "And to our 56th Fighter Wing Honorary Command-



U.S. Air Force photo by Airman 1st Class Elias Carrero U.S. Air Force Lt. Col. Joshua Larsen, 56th Operation Support Squadron commander, demonstrates how to hold an M4A1 service rifle to honorary commanders March, 24, 2023, at Luke Air Force Base, Arizona. Larsen pulled the M4 from a display set up by the 56th Security Forces Squadron during an HCC rodeo.

ers for taking the time to really dive into how Luke AFB continues to train the world's greatest fighter pilots and combat ready Airmen!"



U.S. Air Force photo by Airman 1st Class Mason Hargrove

Grace Yen, 56th Chaplain Office honorary commander, tries on a gas mask during the Honorary Commander Rodeo, March 24, 2023, at Luke Air Force Base, Arizona.



U.S. Air Force photo by Airman 1st Class Mason Hargrove the local community.

56th Fighter Wing honorary commanders engage in an HCC Rodeo, March 24, 2023, at Luke Air Force Base, Arizona. The event provided HCCs with a unique opportunity to gain insight into the 56th FW's mission and capabilities, while also promoting mutual understanding with

PHONE NUMBERS

Airman and Family Readiness Center	. 023-030-0330
Airman's Attic	. 623-856-6415
Armed Forces Bank	
Base Exchange main store	
Base taxi	. 623-856-6866
Beauty shop	
Charal (after the bound)	
Chapel (after duty hours)	. 623-836-3600
Clothing sales	
Club Five Six	. 023-830-0310
Command post	623 856 560
Commissary	623-836-380
Community center	623-856-7153
Computer IT service desk	
Crime Stop	
Dental clinic	. 623-856-2273
Dermatology	. 623-856-2273
Dining hall	
Dorm management	. 623-856-7841
Education center	
EMERGENCY ONLY	
Equal opportunity	. 623-856-771
Eye clinic	
Falcon Dunes Golf Course	
Family health clinic	. 623-856-2273
Family housing	
Fire station	
Fitness center	. 023-271-6102
Flight medicine	. 023-830-024. 623 856 2273
Food court	
Fort Tuthill	
Fraud, waste and abuse hotline	
Hobby shop	. 623-856-6722
Housing assistance section	. 623-856-7643
Housing facilities section	. 623-856-3007
Housing maintenance	. 623-935-2676
Identification cards	
Information, tickets and travel	
Law enforcement desk	
Legal assistance	. 623-856-6901
Library	. 623-856-719
Lodging office/switchboard	. 623-856-394
Maintenance control center Marine Corps	. 623-836-3469
Marine Corps 24-hour duty desk	
Marketing	. 602-421-3600 623 856 324
Walketing	. 023-030-324.
Medical appointments	623-856-2273
Medical appointments	. 623-856-2273
Military equal opportunity	. 623-856-2273 . 623-856-771
Military equal opportunity	. 623-856-2273 . 623-856-7713 . 623-856-7028
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Military equal opportunity Military pay Navy Operations Support Center	. 623-856-2273 . 623-856-7713 . 623-856-7028 . 602-353-3008 . 623-856-2273
Military equal opportunity Military pay Navy Operations Support Center OB/GYN clinic Office of Special Investigations Optometrist	. 623-856-2273 . 623-856-771 . 623-856-7028 . 602-353-3008 . 623-856-2273 . 623-856-682 . 623-856-2273
Military equal opportunity Military pay Navy Operations Support Center OB/GYN clinic Office of Special Investigations Optometrist Orthopedic clinic	. 623-856-2272 . 623-856-7712 . 623-856-7028 . 602-353-3008 . 623-856-2272 . 623-856-682 . 623-856-2272 . 623-856-2272
Military equal opportunity Military pay Navy Operations Support Center OB/GYN clinic Office of Special Investigations Optometrist Orthopedic clinic Outdoor recreation	. 623-856-2272 . 623-856-7712 . 623-856-7028 . 602-353-3008 . 623-856-2272 . 623-856-6822 . 623-856-2272 . 623-856-2272 . 623-856-2272
Military equal opportunity Military pay Navy Operations Support Center OB/GYN clinic Office of Special Investigations Optometrist Orthopedic clinic Outdoor recreation Pass and registration	. 623-856-2272 . 623-856-7712 . 623-856-7028 . 602-353-3008 . 623-856-2272 . 623-856-682 . 623-856-2272 . 623-856-2272 . 623-856-6262 . 623-856-4886
Military equal opportunity Military pay Navy Operations Support Center OB/GYN clinic Office of Special Investigations Optometrist Orthopedic clinic Outdoor recreation Pass and registration Patient advocate	. 623-856-227; . 623-856-702; . 623-856-702; . 602-353-300; . 623-856-227; . 623-856-682; . 623-856-227; . 623-856-626; . 623-856-488; . 623-856-488;
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ALL-WOMAN SORTIE SEES OUT WOMEN'S HISTORY MONTH



NEWS

U.S. Air Force photos by Senior Airman Dominic Tyler



Force Capt. Melanie Kluesner, 62nd Fighter Squadron F-35 Lightning II instructor pilot, prepares for takeoff March 28, 2023, at Luke Air Force Base, Arizona.

U.S. Air

LEFT: U.S. Air Force Staff Sgt. Paige Mitchell, 61st Fighter Squadron F-35 Lightning II crew chief, waits as U.S. Air Force Capt. Melanie Kluesner, 62nd FS F-35 instructor pilot, prepares for takeoff March 28, 2023, at Luke Air Force Base, Arizona. Luke premiered a training sortie with an allfemale crew concluding Women's History Month.



U.S. Air Force Staff Sgt. Paige Mitchell (left), 61st Fighter Squadron F-35 crew chief, U.S. Air Force Capt. Melanie Kluesner (middle), 62nd FS F-35 instructor pilot, and U.S. Air Force Airman Makenzie Milless, 62nd FS F-35 crew chief, pose for a photo.



U.S. Air Force Capt. Sara Eagle (left), F-35 student pilot and U.S. Air Force Capt. Melanie Kluesner (right), 62nd Fighter Squadron F-35 instructor pilot, pose for a photo before a sortie.



U.S. Air Force Capt. Melanie Kluesner, 62nd Fighter Squadron F-35 Lightning II instructor pilot, secures her helmet before take-off March 28, 2023, at Luke Air Force Base, Ari-

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The 607th ACS hosts Desert Viking exercise

By Airman 1st Class MASON HARGROVE

56th Fighter Wing

Editor's note: Some identifying information for Royal Norwegian Air Force personnel has been omitted per RNAF request.

The 607th Air Control Squadron hosted exercise Desert Viking, from Feb. 21 to March 17, 2023, at Luke Air Force Base, Arizona.

Desert Viking is a bilateral military exercise between the U.S. Air Force and the Royal Norwegian Air Force. The exercise involves aircraft control training to improve operational readiness and defense capabilities, while also strengthening interoperability between the two countries.

"The exercise focuses on advancing air battle management techniques while strengthening our connection with the United States," said RNAF Lt. Sveinung, RNAF service member. "Effective air battle management is crucial for us in this phase of fighter control."

The 607th ACS provides an environment for both nations to practice working to-

gether to control and coordinate F-35 Lightning II and F-16 Fighting Falcon aircraft. During the exercise, the RNAF personnel are training with multiple aircraft in every training mission.

With access to more aircraft, the RNAF will be able to complete more flights in the U.S. than back in Norway. This enables them to achieve their goals and improve their skills in a shorter timeframe, ultimately enhancing operational capabilities.

"As the saying goes, 'iron sharpens iron.' We must work as a team and collaborate with our allied partners," said U.S. Air Force Maj. Kyle Childress, 607th ACS assistant director of operations. "It's important to allow our Airmen to get to know different people and cultures. This way as we continue to train together, we aren't starting from scratch."

The partnership between Norway and the U.S. will continue to strengthen because of combined exercises like Desert Viking. Bilateral exercises contribute to the overall mutual readiness and defense capabilities of the participating countries.



U.S. Air Force illustration by Airman 1st Class Mason Hargrove

Royal Norwegian Air Force aircraft controllers engage in a training mission during exercise Desert Viking, March 10, 2023, at Luke Air Force Base, Arizona. Desert Viking is a bilateral military exercise between the U.S. and Norway designed to strengthen interoperability between the two countries.

Command Post:

The Information Superstation

By Airman 1st Class JAKOB HAMBRIGHT

56th Fighter Wing Public Affairs

It's one of the most inconspicuous buildings on a base. No windows, no markers, no signs. Yet in these rooms, filled with various computers, radios, and telephones, the command post is the focal point for nearly all communications base-wide.

For any military installation, the movement of information is a crucial key to achieving the mission.

"All the information that the base needs comes through us," said U.S. Air Force Tech. Sgt. Robert Silverman, 56th Fighter Wing Command Post operations non-commissioned officer in charge. "It's our job to make sure that people get the vital information that's important to them."

The command post is the 24/7 hub for all incoming and outgoing information, acting as the liaison between units, commanders, local agencies, and even major commands.

"We serve as a vital command and control node between various information points on base," said Silverman. "With dozens of these points, you need someone to coordinate all the traffic."

The most notable outreach of command post comes in the form of the giant voice and AtHoc systems, which provide vital information regarding a multitude of situations at a moment's notice.

"You'll hear it mainly with reveille, retreat, and taps every day," said Silverman. "However, if for example, we get bad weather or there's an on-base emergency, we use (the mass notification system) to make sure that as many people as possible can get information as soon as it's available."

Being the central point of information requires the command post to adopt a reactive stance on its mission.

"We don't run off of a set tempo," said Silverman. "We have our checklists that we look over every shift change, but other than that, our schedule is determined by what information we get and what time we get it."

With the size of the 56th FW and its numerous units, the Airmen of command post face their own challenges.

"Being here at Luke, there's a number of stressors we



U.S. Air Force photo by Airman 1st Class Jakob Hambright

U.S. Air Force Tech. Sgt. Miguel Rodriguez, 56th Fighter Wing Command Post systems non-commissioned officer in charge, and Tech Sgt. Robert Silverman, 56th FW Command Post operations NCOIC, monitor various information sources, March 9, 2023, at Luke Air Force Base, Arizona. The command post is a 24-hour hub of incoming and outgoing information, acting as a focal point for units, commanders, and local agencies.

face," said U.S. Air Force Tech. Sgt. Miguel Rodriguez, 56th FW Command Post systems non-commissioned officer in charge. "When you're the largest fighter wing in the Air Force with such a large network, everything can hit you all at once. For example, having only one to two controllers to manage a massive influx of information for the entire wing."

Rodriguez, a former KC-135 Stratotanker crew chief, noted the personal challenges he's faced since joining command post.

"With us being on shift hours, there's always the pressure of missing holidays, birthdays, and having days when you work the graveyard shift arriving on station at one in the

morning. It takes some time to adjust, but the things I get to experience here make it worth it."

However, working at command post can provide an Airman with a fresh viewpoint on the mission.

"Back when I was a crew chief, you only had the insight into maintenance and maintenance only," said Rodriguez. "At the command post, you have the inside view of everything that happens in the wing and beyond."

For the controllers of command post, their mission may be just another day of work, but for the 56th FW, Luke Air Force Base, and the U.S. Air Force, they are a crucial part in making sure everyone is ready for the mission ahead.

Chaplain's Corner ...

Community Resilience

By Chap. (Lt. Col.) JASON L. ENGLISH

56th Maintenance Group Chaplain

What comes to mind when you hear the word resilience? Back in the day (the day being the 1970s, a decade I am old enough to remember), the image of resilience was the tough guy or loner. Movies tend to reflect the feelings of their times, so when it comes to resilience what do we see? Characters such as Clint Eastwood's High Plains Drifter or John Wayne standing tall in the saddle as a one-man gang, cleaning up the town in any given Western come to mind. Nothing got to these characters, and nobody got in their way. In the 1950s, the perfect image of resilience at that time was Gary Cooper in High Noon, who faced a gang of killers alone in the middle of the street. What was these character's common theme? They handled their

problems alone.

Being alone is no way to handle life's problems. Being siloed in our own little worlds with no one to fall back on is a recipe for disaster. I know. I tried that, and it wasn't pretty! Let's just say that I found real hope, healing, and help in my faith community, which made me much more resilient than I was before. If you don't have a faith community, I would suggest finding a community that shares an interest with you and engaging with them. I never stand tall in the saddle alone, but only when I have other friends and family around me.

In my faith tradition, Ecclesiastes 4:9-10 tells us: "Two are better than one, because they have a good reward for their toil. For if they fall, one will lift up his fellow. But woe to him who is alone when he falls and has not another to lift him up."

Resiliency isn't just the



U.S. Air Force photo Chap. (Lt. Col.) Jason L. English

latest Air Force buzz word, but a lifestyle, and it is best done with others. And if you can't find a community, your friendly neighborhood God Squad (that is, the Chapel team), will always be here for you to hear you out and lend a helping hand, no matter your religious preference. For more information about Luke AFB Chaplain Corps programs & events, "like" us on Facebook @ Luke AFB Chapel. Feeling like you need to talk? Give us a call at 623--856-6211 for confidential counseling.

U.S. Senator Mark Kelly visits Luke



U.S. Air Force photo by Staff Sgt. Noah D. Coger

U.S. Senator Mark Kelly (center) listens to a briefing in the 56th Fighter Wing conference room, March 10, 2023, at Luke Air Force Base, Arizona. Kelly visited Luke AFB to speak with wing leadership about various topics, including future development, safety, and funding of numerous projects.

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DAWN-ED program seeks applicants for 2024

By DAN HAWKINS

Air Education and Training Command Public Affairs

JOINT BASE SAN ANTONIO-RANDOLPH, Texas—

Every year, the Air Force selects about 600 Airmen and Guardians to earn master's and doctoral degrees to enhance warfighting capabilities and increase our lethality.

Advanced degree opportunities are advertised through MyVector, and the Developing the Airmen We Need/Education (DAWN-ED) program, which is DAF-funded and managed by Air Education and Training Command, is one such opportunity.

"Airmen and Guardians armed with this education provide advanced capabilities that both enhance units and shape the future force," said Dr. Steven Hansen, HQ AETC DAWN-ED program manager. "Through the program, up to 15 Airmen, Guardians and cadets are competitively selected to earn advanced degrees in strategically important areas such as artificial intelligence, quantum computing, robotics, autonomous systems, hypersonics, and machine learning from universities like Purdue, Carnegie Mellon, Stanford, MIT, and others."

DAWN-ED information will be available on MyPers starting in mid-April 2023, and the application window runs May 1 through 14 June 2023. Submissions should be emailed to AETC.DAWN.Workflow@us.af.mil.

Post program assignments help the Air Force tackle research areas that are vital to helping the service across priorities, including projects that tie directly to Secretary of the Air Force Frank Kendall's operational imperatives, said Hansen. He used the example of one former student, who studied autonomy/artificial intelligence while in the



DAWN-ED program, who is now a subject matter expert at the Autonomous Collaborative Platform System Management Office collaborating and working with industry, AFRL, and others to advise and advocate for autonomy solutions.

AETC executes this process through the Air Force Education Requirements Board (AFERB). The AFERB provides a mechanism for the Air Force and U.S. Space Force to

develop Airmen and Guardians to meet future learning and mission needs, in part, through the use of graduate education (Grad Ed) and professional continuing education (PCE) courses.

For more information or questions about these programs, contact the AETC/A3KR AFERB team at AETC.AFERB. Workflow@us.af.mil.



Piestewa Challenge honors women

By Senior Airman DOMINIC TYLER

56th Fighter Wing Public Affairs

Service members from Luke Air Force Base, Arizona, participated in the third annual Wear Blue: Run to Remember Piestewa Challenge, which kicked off March 23, 2023, at Piestewa Peak Trailhead in Phoenix, Arizona.

This event is named in honor of U.S. Army Spec. Lori Piestewa, who was the first Native American woman to die in combat while serving in the U.S. military as well as the first woman in the U.S. military killed in the Iraq War.

"Today we honor the generations of women who were willing to make the ultimate sacrifice," said Lisa Hallet, Gold Star Spouse and executive director of Wear Blue: Run to Remember. "It takes an uncommon courage to serve and I'm so grateful for the men and women that serve everyday so that we can live in the greatest country in the world."

At the Piestewa Challenge, collective teams run 177 miles in seven days in honor of the 177 women who gave their lives in combat operations around the globe since 9/11. The event began with a four-mile hike to the top of Piestewa Peak and attendees participated in a tradition, where they stood in a circle and called out the names of deceased armed forces

"We're here to remember the 177 women who served this nation after 9/11, but we have to also remember the women that came before them. said Shoshana Johnson, former U.S. Army specialist, Purple Heart recipient and first black female prisoner of war in U.S. military history. "We stand on the shoulders of women without their mark in history. So, in honor of my friend Lori, and all the women who served with me, before me and after me, I say thank you, thank you, thank you for your service.'

Other guest speakers at the event included Carolyn Burns, Gold Star Mother of Meaghan E. Burns, Hospital corpsman petty officer 3rd class, and U.S. Air Force Brig. Gen. Jason M. Rueschhoff, 56th Fighter Wing

"I have no doubt, that if you could speak to any one of these 177 women right now, they would say, 'I wouldn't change a thing," said Rueschhoff. "They signed up to give their lives to their country, and that's what every one of our service members in the Department of Defense believes in."

In 1990, nearly 40,000 American military women deployed in support of Operations Desert Shield and Desert Storm. Over 700,000 women served during the post-9/11 war supporting both Operation Enduring Freedom and Operation Iraqi Freedom.



Ken Koshio, Taiko Japanese drumming artist plays music at the top of Piestewa Peak for participants of the Wear Blue: Run to Remember Piestewa Challenge March 26, 2023, at Piestewa Peak trailhead in Phoenix, Arizona. The event began with a four-mile hike to the top of Piestewa Peak and attendees participated in a tradition, where they stood in a circle and called out the names of deceased armed forces members.



Former U.S. Arn female prisoner Run to Rememb Phoenix, Arizon



Participants of t Arizona.



Lisa Hallet, Gold the Wear Blue: I of the Wear Blue

n who made the ultimate sacrifice



Army specialist Shoshana Johnson, Purple Heart recipient and first black oner of war in U.S. military history, speaks to participants of the Wear Blue: ember Piestewa Challenge March 26, 2023, at Piestewa Peak Trailhead in izona.



Participants of the Wear Blue: Run to Remember Piestewa Challenge listen to guest speakers March 26, 2023, at Piestewa Peak trailhead in Phoenix, Arizona. The event began with a four-mile hike to the top of Piestewa Peak and attendees participated in a tradition, where they stood in a circle and called out the names of deceased armed forces members.



s of the Wear Blue: Run to Remember Piestewa Challenge sit at the top of Piestewa Peak March 26, 2023, in Phoenix,



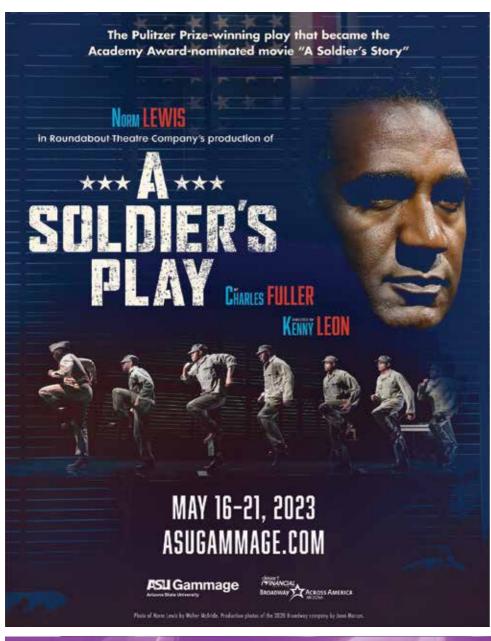
U.S. Air Force Brig. Gen. Jason M. Rueschhoff, 56th Fighter Wing commander, speaks to participants of the Wear Blue: Run to Remember Piestewa Challenge.



Gold Star spouse and executive director of ue: Run to Remember speaks to participants Blue: Run to Remember.



Service members from Luke Air Force Base and other participants at the Wear Blue: Run to Remember Piestewa Challenge stand in a circle March 26, 2023, at Piestewa Peak Trailhead in Phoenix, Arizona.

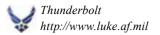






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AF Surgeon General meets leadership during mission briefing

NEWS



U.S. Air Force photo by Airman 1st Class Jakob Hambrigh

U.S. Air Force Lt. Gen. Robert Miller, Surgeon General of the Air Force, and Chief Master Sgt. Dawn Kolczynski, Medical Enlisted Force Chief, speaks with 56th Medical Group leadership during a mission brief, March 28, 2023, at Luke Air Force Base, Arizona. Miller and Kolczynski were given a tour of Luke AFB and the 56th MDG and were given the chance to speak with 56th MDG Airmen at their respective departments.



Help kids; report child abuse

By Sharon Kozak, Prevention Coordinator

Luke Air Force Base, Arizona

Americans are more aware than ever of the tragedy of child abuse: our national and local media carry daily reports of children who have been beaten, imprisoned, starved, burned, or sexually and emotionally abused. Shopping carts, milk cartons, billboards, newspapers all carry the message that children should tell if they are being hurt and that to prevent abuse, just call a hotline and help will arrive.

However, we are slowly awakening to the fact that, even if suspected abuse is reported, this does not always result in safeguarding the child from further abuse. In fact, some of the worst cases are those where authorities were notified of abuse and had determined that the child was at risk but left the child in the care of the abuser.

If you suspect abuse DON'T WAIT until you can "prove" child abuse — make a report whenever your worries about the safety of a child turn into suspicions that the child is being abused or neglected. If you suspect the abuse is happening right now, call now.

When seeking to report child abuse, it is important to remember these points:

- 1. Not every state has a statewide reporting hotline (Arizona Hotline; 1-800-SOS-CHILD; (website: http://www.de.state.az.us/dcyf/cps/)
 - 2. Not every state hotline will be accessible 24/7
- 3. If the state does have a hotline, it may only be accessible within that state
- 4. It may take a while to get through to the statewide number, be patient. It may take more than one call. Don't give up. (In an emergency call 911)
- 5. Child abuse must be reported within the state in which it occurred
- 6. Be sure to have as much information about the abuse and the child you are reporting as you can. It would be a good idea to organize your information and have it ready before you make the call. Write it down so that you won't forget any

information you want to share with the intake worker. If you don't have all the information suggested below make the call anyway. Let the intake worker tell you if you have enough to make the report. And, if not, what additional information you need. Suggested information to provide:

- The child's name, address, and phone number.
- The age and gender of the child.
- Location of the child at the time of report.
- Parent's name, address, and phone number.
- Name of the abuser.
- Type of abuse (be as specific about what you have observed as possible). What have you seen, what are your suspicions?
- Are there other siblings or other children living in the home? If so, their name(s), gender(s), and age(s).
- School child attends.
- Language barriers if any.
- 7. Write down everything about the report that you can. The date you reported, the person you spoke to at the reporting number, and, if they have one, their identification number, and what was said. Keep this information for your records as documentation of your report.
- 8. If you are not sure what you are seeing is abuse, always call and ask.
- 9. Write down any questions you might have and make sure you ask them. Keep the answers with the rest of your information.
- 10. If you do not feel comfortable with what is being said you may always ask to speak to a supervisor.
- 11. Remember you can report anonymously if you are not a mandated reporter (someone who is required by law to report child abuse).

In summary, the base community must believe that breaking the cycle of abuse entails educating themselves and recognizing the human rights of children (ages 0-18). All children can be protected from harm, have access to education and health care, be able to develop their personalities, abilities, and talents to the fullest potential,

PROCLAMATION "Rock-Solid Families Start Here"

National Child Abuse Prevention Month

WHEREAS, child abuse and neglect are ongoing psychosocial problems in our society greatly affecting our community;

WHEREAS, every military service member and family member, from our children to our leaders, is entitled to a culture of safety, security, and support; WHEREAS, it is our individual responsibility to make responsible choices that impact our community beginning with respect for our children, ourselves, and one another;

WHEREAS, the wellness and welfare of every member regardless of age, gender, rank or other demographic identifier, is a community obligation requiring healthy individual choices everyday; and WHEREAS, the Luke AFB Integrated Prevention Program and other Community Action Team (CAT) agencies will work collaboratively as the action arm of our community to implement and promote prevention and support programs to curb incidents of, and risk for, child maltreatment.

NOW, THEREFORE, I, Brigadier General Jason Rueschoff, Commander, 56th Fighter Wing, do hereby proclaim the month of April 2023 to be NATIONAL CHILD ABUSE PREVENTION MONTH on Luke Air Force Base, Arizona. The message for 2023 is "Rock-Solid Families Start Here" #MilParentsRock.

JASON M. RUESCHHOFF Brigadier General

and grow up in an environment of happiness, love, and understanding.

Please contact Family Advocacy if assistance is needed at 623-856-3417, or the Prevention Coordinator at 623-856-2716.

Female leaders share experiences, wisdom



U.S. Air Force photos by Airman 1st Class Elias Carrero

U.S. Air Force Senior Master Sgt. Natalie Semensow (right), 944th Civil Engineering Squadron first sergeant, answers questions as part of a Women's History Month panel March 22, 2023, at Luke Air Force Base, Arizona. Semensow shared wisdom with service members that she has gained from her personal and professional life.



Laura French, Taiwan Semiconductor Manufacturing Company director of state government relations, addresses an audience during a Woman's History Month panel March 22, 2023, at Luke Air Force Base, Arizona. French gave a speech on her two decades of government relations experience and how others can apply what she's learned to create their own success.

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Jo Ellen Dennis 602-245-7539 (TTY: 711)

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Humana





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Doreen Hollowell I Navy Veteran

Daniel Hollowell Associate Broker







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me mantopa community Competed Statistics and the following number to reach the appointed coordinators (480) in 38-84 years additional information, as well as a listing of all coordinators within the Maricopa College system, visit: www.maricopa.edu/non-discrimination





NOW HIRING

True Care Physical Therapy and Rehabilitation, PLLC is looking for a physical therapist to work part time in our outpatient clinic in Surprise AZ - Two to three days per week and to cover during vacations. Competitive pay, great work environment and clientele. PT AZ license is needed.

Please send your resume to the address, fax or email below.

True Care Physical Therapy and Rehabilitation, PLLC

14815 W Bell Rd, Ste 110, Surprise, AZ 85374

fax - 623-777-1403 - email - raypopp@truecarept.com



Would you like to learn more about environmental cleanup projects at Luke Air Force Base?

If yes, then please contact Dr. Kimberly Horsley at: (623) 856-9645; or at: kimberly.horsley@us.af.mil to get more information on participating in the startup of a Restoration Advisory Board, also known as a "RAB"

- What is a RAB?
 - o A RAB is a community group which meets to discuss and receive information on environmental restoration (cleanup) projects at a military base.
- What does a RAB do?
 - A RAB facilitates and improves communication, outreach, and transparency between the military base, the public, regulators, local governments, and interest groups for issues related to military cleanup activities. RABs offer a structured, focused, and interactive opportunity for community stakeholders to meaningfully participate in the cleanup process. A RAB enables local community members to receive from and exchange information with the base and regulatory agencies managing environmental cleanup projects at Luke AFB.
 - RABs engage in and support DoD's cleanup efforts by reviewing and commenting on cleanup documents and activities; serving as a liaison to
 and sharing cleanup information with the community; and providing a forum to exchange information about the schedule, type, and status of
 cleanup activities. RAB meetings allow RAB members and members of the community to receive updates and ask questions on the status of the
 environmental cleanup program at Luke AFB.
 - Though RABs are not a decision-making body, they do give local community members the opportunity to have their voices heard and provide a
 forum to provide valuable community insight to base and regulatory agencies.
- Are you interested in participating in Luke AFB's RAB?
 - o Luke AFB is currently assessing whether there is enough community interest to re-establish a RAB.
 - If you are interested in learning more about Luke AFB's environmental restoration projects and having the opportunity to give your input to base and regulatory agencies on the management of cleanup projects at Luke AFB, either as a RAB member or by attending RAB meetings, please contact Dr. Kimberly Horsley at: (623) 856-9645; or at: kimberly.horsley@us.af.mil by 30 April 2023 to indicate interest.

¿Le gustaría aprender más sobre los proyectos de limpieza ambiental en Luke AFB?

En caso positivo, comuníquese con Dr. Kimberly Horsley al: (623)856-9645; o al: kimberly.horsley@us.af.mil] para obtener más información sobre cómo participar en la puesta en marcha de una Junta Asesora de Restauración, también conocida como "RAB" (por sus siglas en inglés).

- ¿Qué es RAB?
 - o RAB es un grupo comunitario que se reúne con la finalidad de discutir y recibir información sobre proyectos de restauración (limpieza) ambiental en una base militar.
- ¿Qué hace RAB?
 - RAB facilita y mejora la comunicación, el alcance y la transparencia entre la base militar, el público, los reguladores, los gobiernos locales y los grupos de interés en los asuntos relacionados con las actividades militares de limpieza. RAB ofrece una oportunidad estructurada, enfocada e interactiva para que las partes interesadas de la comunidad participen significativamente en el proceso de limpieza. Además, RAB permite a los miembros de la comunidad local recibir e intercambiar información con la base militar y las agencias reguladoras que administran los proyectos de limpieza ambiental en Luke AFB
 - RAB participan y apoyan los esfuerzos de limpieza del Departamento de Defensa revisando y comentando los documentos y actividades de limpieza; sirviendo como enlace y compartiendo información de limpieza con la comunidad; además proporcionan un foro para intercambiar información sobre el cronograma, el tipo y el estado de las actividades de limpieza. Las reuniones del RAB permiten a sus miembros y a toda la comunidad recibir actualizaciones y hacer preguntas sobre el estado del programa de limpieza ambiental en Luke AFB
 - Aunque RAB no son un organismo de toma de decisiones, otorgan a los miembros de la comunidad local la oportunidad de que se escuchen sus voces y representan un foro para brindar información valiosa de la comunidad a las agencias reguladoras y de base.
- ¿Está interesado en participar en el RAB de Luke AFB?
 - Luke AFB actualmente está evaluando si hay suficiente interés comunitario para [re/establecer] un RAB
 - Si le interesa obtener más información sobre los proyectos de restauración ambiental de Luke AFB y tener la oportunidad de dar su opinión a las agencias reguladoras y de la base sobre la administración de proyectos de limpieza en Luke AFB, ya sea como miembro del RAB o asistiendo a las reuniones del RAB, por favor póngase en contacto con Dr. Kimberly Horsley al: (623) 856-9645; o al: kimberly.horsley@us.af.mil antes del 30 Abril 2023 para informar su interés



COMING SOON - LUKE RANCH ESTATES

Open House - Saturday April 8, 2023 - 11am-3pm

13621 W Tuckey Ct, Glendale - 3921 sq ft - 5 bed + den - 3.5 bath - 3 car garge - RV gate - pool







FOR SALE - ESTRELLA MOUNTAIN RANCH

17950 W Hubbard Dr, Goodyear- 2195 sq ft - 4 bed - 2 bath - 3 car garage - pool





FOR SALE - ESTRELLA MOUNTAIN RANCH

12721 S 183rd Ave, Goodyear - 2402 sq ft - 3 bed + den - 2 bath - 3 car garage - pool





FOR SALE - VISTANCIA

12703 W Milton Dr, Peoria - 2230 sq ft - 5 bed - 3 bath







Michelle Schmidt Realtor, MRP 408-858-6027 MichelleSchmidt@westusa.com www.michelle4military.us







Monthly Supplement to the Thunderbolt

56th FSS • Luke AFB, AZ • April 2023

Easter Brunch Apr. 9 • 11am - 1pm

Reservations required by Apr. 5 at Club Five Six or online at: memberplanet.com/events/lukeafbclubs/2023annualeasterbrunch

Club Members - \$35 • Nonmembers - \$40 Ages, 6-12 - \$15 • Children 5 & Younger - Free

Our menu features an omelet station, Belgium waffles, scrambled eggs, bacon, sausage, hash browns, and many other breakfast favorites, Prime Rib and baked ham, a variety of vegetable side dishes, fresh fruits and cheeses, assorted salads and desserts, dinner rolls, tea, coffee, and mimosas (one per paid adult)

Club Five Six • Bdg. 161 - 623-856-6446 Five Facebook.com/ClubFiveSix Six







Outdoor Rec -

RAGE ROOM

Mon.-Fri. • 9am - 5pm • 15 minute time slots -Up to one hour per person, per day • \$5 each for 20 small items • \$10 each for two large items

OCTANE RACEWAY

Apr. 1 • 8:30am - 4pm • R4R - Single Airmen and Deployed Family Members Only • \$30 Limited to 12 participants

SKYDIVING TANDEM JUMP

May6 • 7am-1pm • R4RSingle Airmen and Deployed Family Members Only • \$30 • Limited to 20 participants

SCHUERMAN MT. HIKE - SEDONA

May 6 • 6am - 2 pm • Open to all • \$20 Limited to 12 participants

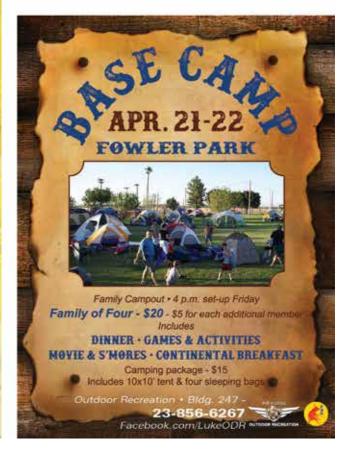
VERDE RIVER SUP and KAYAKING

May 6 • 7am - 3pm • Open to all • \$35 Limited to 12 participants

HOT AIR BALLOON RIDE

May 13 • 4:15am-9am • R4R Single Airmen and Deployed Family Members Only • \$30 Limited to 12 participants

continued on page 2



At Ease

The "At Ease" is a monthly recreation supplement to the Thunderbolt. All information was accurate at the date of publication and is subject to change without notice.

www.56fss.com
Facebook/LukeEvents
Instagram/Luke_Events
YouTube:56FSSEvents

Lt Col Fany E. Colon de Hayes Commander, 56 Force Support Squadron

Terrill Alexander - Marketing Director
Cheyenne Mulroy - Marketing Assistant
Douglas Hickins - Graphic Designer
Larry Keen - Sponsorship/Donations/Advertising



Bryant Fitness Center -

RUNNING IMPROVEMENT PROGRAM

Apr. 3 - May 12 • Open to All • Free Program meets Mon.-Wed.-Fri., 6am and Tues. & Thurs. 4pm - Fitness Center Track • Tues. & Thurs., 6am - Strength Class, Combat PT Center

Register at: Facebook.com/LukeFitnessCenter.

VIRTUAL INSTRUCTOR WELL BEATS EXERCISE CLASSES

Open scheduling • Free Beginner to advanced classes. Squadron PT reservations available. Classes meet in the Aerobics Room located in the Community Commons, Bldg. 700.

SMOOTHIES, JUICE, & COFFEE BAR

Mon. - Fri. • 6am - 6pm Smoothies, protein shakes, and coffee.

Outdoor Rec

continued from page 1

SAND BUGGY EXCURSION - SONORAN DESERT

May 20 • 6am - noon • R4R Single Airmen and Deployed Family Members Only • \$30 Limited to 12 participants

SUNSET SUP and KAYAKING - LAKE PLEASANT

May 27 • 5-9pm • Open to all • \$60 • Limited to 12 participants

LAKE HAVASU PARASAIL ADVENTURE

Jun. 3 • 7am - 7pm • Open to all • \$150 Limited to 12 participants

BLISS WINE TOUR - SEDONA

Jun. 10 • 7:45am - 8pm • Open to all • \$250 Includes luxury limo bus transportation while visiting 3-4 vineyards plus wine tastings and lunch • Limited to 12 participants

Library

APRIL COVER to COVER BOOK CLUB

Apr. 13 • 10:30am • Free

Read or listen to, "The Secret Life of Bees" by Sue Monk Kidd.

D-I-Y EARTH DAY CRAFT

Apr. 17-22 • Free

Drop by the Library and pick-up a free Earth Day Rain Stick craft kit and seed packet.

3-D PRINTING BASICS CLASS

By Appointment • Ages 12 & older • Free Learn to find printable files, create designs, and how to print on one of our 3-D printers.

NATIONAL LIBRARY WEEK Apr. 24-28

Celebrate National Library Week! Complete a Library scavenger hunt, or participate in a writing contest - submissions divided into age group categories











Community Commons

AIRMEN GAMING TOURNAMENT

Mar. 24 • 11am-Noon • Free • No sign-up required • Prizes awarded

MONTH OF THE MILITARY CHILD DANDELION CRAFT KITS TO-GO

Apr. 14 • 10am - 5pm • Free Take-&Make Craft Kits While supplies last

LITTLE BRUSHES - Baby & Toddler Painting Class

Apr. 17 or 29 • 10-11am • Ages six months - 5 yrs. old & parent • Free

We'll create n Earth Day-themed painting

AIRMEN NERF WAR

Apr. 17 • 3-4pm • R4R Single Airmen - Free All others - \$20

CONCEALED CARRY PERMIT COURSE

Apr. 20 • 5-9:30pm • Sign-up by Apr. 17 Active-duty, 19 yrs. & older • all others, 21 yrs. & older \$70 each - Permit \$60 (additional - Money Order required) Learn firearms safety, selection, and laws. Fingerprinting, and submission of CCW packet included. This is a non-shooting course. No real firearms will be used or presented. Sign-up via e-mail at: 56.CommunityCenter@gmail.com

EARTH DAY FLOWER POT CRAFT KITS TO-GO

Apr. 21 • 10am - 5pm • Free Take-&Make Craft Kits While supplies last

BALLOONY TUNES

Mon. - Fri. • 8am-4pm • Community Commons, Check-out our large selection of balloons,

balloon bouquets, baskets, and gifts for every occasion. Don't forget Mother's Day, May 14, is just around the corner, so stop by and place your order for her special gift. Orders will be available for pick-up on May 12. Prices vary.



Arts & Crafts

MOMMY & ME PAINTING CLASS

Apr. 6 • 5-7pm • \$40 • Limited to six moms with little ones

CLAY POT CARROT CLASS

Apr. 8 • 10am-Noon • \$35 includes all supplies Ages 18 & older • Limited to six participants Sign-up by Apr. 5

EASTER EGG WREATH CLASS

Mar. 25 • 10am-Noon • \$35 includes all supplies • Ages 18 & older • Limited to 6 participants
Sign-up by Apr. 19

Falcon Dunes

JUNIOR GOLF CLINIC

Apr. 2 • 9-10am • \$25 • Sign-up by Mar. 31 Participants learn grip, stance, driving, chipping, putting techniques, and etiquette.

GET GOLF READY

Apr. 10-13 • 4:30-6:30pm • Ages 18 & older • \$99 Sign-up by Apr. 7 • Learn grip, stance, driving, chipping, putting techniques, and etiquette.

NOW SERVING PIZZA & WINGS

Choose from: Personal 8" Pizzas - Cheese ... \$8.75 or Pepperoni ... \$9.25; and Personal 8" Pizza & Six Wings - Cheese ... \$15: or Pepperoni ... \$15.50. The Falcon Dunes Grill is open daily from 7am-1:30pm. Call Joe Crockett at 623-856-0004.



Facebook.com/ClubFiveSix







Youth Programs

YOUTH PROGRAMS (YP) ANNUAL MEMBERSHIP

Ages 9-18 • \$84 • Register at Youth Programs Youth Programs is affiliated with the Boys & Girls Club of America, 4-H, and the National Alliance for Youth Sports, so the possibilities are endless on what we offer. We focus on the Boys & Girls Club's five core areas daily,

School Age Care

SCHOOL AGE CARE PROGRAM REGISTRATION

Ages 5(K)-12 • Youth Programs • Prices based on total family income • Register now at: militarychildcare.com

Program includes breakfast, an after-school snack, transportation (pick-up and drop-off in front of Youth Programs) to-and-from Luke, Dreaming Summit, and Heritage Elementary schools, and lots of enrichment programs after school to keep your kids active and involved.

Family Child Care

BECOME AN FCC PROVIDER

Spouses of active duty and retired military members living on-and off-base, are eligible to become licensed Family Child Care (FCC) providers. Providers must be at least 18 yrs. old, speak, read, and write English, have a high school diploma/GED, obtain liability insurance, and attend trainings. Call 623-856-2684 or e-mail; patricia.mangrum.1@us.af.mil, or visit: militarychildcare.com.

which includes the Arts, Leadership & Service, Health & Wellness, Education, and Sports & Recreation. These core areas closely align with the developmental needs of all youth.



56th Force Support Squadron

TELEPHONE DIRECTORY

(Area Code 623)

Arts and Crafts Center	856-6502
Auto Hobby Shop	856-6107
Bryant Fitness Center	
Bryant Fitness Center Annex	856-8299
Child Development Center	
Club Five Six	
Community Commons	856-7152
Falcon Dunes Golf Course	535-9334
Falcon Dunes Grill	
Family Child Care	856-2684
Fighter Country Inn (Lodging	
Fort Tuthill9	
G-Force Cafe	
Hensman Dining Facility	856-6396
Information, Tickets and Trav	
Library	
Marketing	
Military & Family Readiness	856-6550
NAF Human Resources	
Outdoor Recreation	
Saguaro Skies FamCamp	
School Age Programs	856-7471
Silver Wings Pool6	
T-Bolt Cafe	
Wood Hobby Shop	
Youth Programs	
Unite Program	
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