

The Luke Air Force Base Thunderbolt

"We train the world's greatest fighter pilots and combat ready Airmen"



Nov. 2022
Vol. 21, No. 12

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VIETNAM SECURITY POLICE GATHER

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Military spouses learn customs, courtesies, mission at Heart Link

By Senior Airman
DAVID BUSBY

56th FW/PA

Just like military aircraft need their maintainers or crew chiefs, Airmen need their support systems. Not only for their physical health, but their emotional needs as well.

As part of the U.S. Air Force's continued commitment to support all aspects of a service member's foundation, Luke AFB brought five military spouses together on Oct. 19 to inform them on military life and how it relates to them.

The 56th Force Support Squadron Military and Family Readiness Center hosted the Heart Link Spouse Orientation to increase awareness of the Air Force mission, customs, and the support resources available to them in the community.

"The program is designed specifically for spouses to learn about military culture, customs and courtesies and things that we offer here at Luke," said Edwin Robinson, 56th FSS community readiness consultant. "For example, when you join the Air Force, the military tells (the service member) about customs and courtesies. When we have reveille, you stand at attention. Some spouses and kids don't know things like that, so we emphasize things of that nature."

Robinson further described his personal experiences growing up in the U.S. Air Force.

"I'm a military brat," Robinson said. "A lot of people tend to forget that spouses are serving alongside their [Airmen]. My mother had to leave every single time my father had an assignment. She had to stop doing what she was doing and go follow my dad."

The orientation is designed for new spouses of less than five years, but it is



U.S. Air Force photos by Senior Airman David Busby

Laura Smith, military spouse, shares her experiences at the Heart Link Spouse Orientation with other spouses and U.S. Air Force Maj. Robert Compere, 56th Fighter Wing deputy wing chaplain. This orientation helps provide support for military spouses at Luke AFB, as they may encounter high-stress events such as deployments, sudden changes of station or other factors.



U.S. Air Force Brig. Gen. Jason Rueschhoff, 56th Fighter Wing commander, and U.S. Air Force Chief Master Sgt. Jason Shaffer, 56th FW command chief, listen to the latest class of military spouses during the Heart Link Spouse Orientation.

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The Luke Air Force Base Thunderbolt

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Luke56thFW



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Date of publication
First Friday
of the month

Submission deadline
15th day of the month
prior to date of publication

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U.S. Air Force Brig. Gen. Jason Rueschhoff, 56th Fighter Wing commander, and U.S. Air Force Master Sgt. Jason Shaffer, 56th FW command chief, speak to the military wives at the Heart Link Spouse Orientation Oct. 19.



Participants of the Heart Link Spouse Orientation stand in front of a U.S. Air Force F-35A Lightning II aircraft. The one-day class included briefings from wing leadership, a meet and greet with various First Sergeants, and a small tour of Luke AFB operations.

PHONE NUMBERS

Airman and Family Readiness Center	623-856-6550
Airman's Attic	623-856-6415
Armed Forces Bank	623-535-9766
Base Exchange main store	623-935-2671
Base taxi	623-856-6866
Beauty shop	623-536-1897
Chapel	623-856-6211
Chapel (after duty hours)	623-856-5600
Child development center	623-856-6338
Clothing sales	623-856-6310
Club Five Six	623-856-6446
Command post	623-856-5600
Commissary	623-935-3821
Community center	623-856-7152
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Dermatology	623-856-2273
Dining hall	623-856-6396
Dorm management	623-856-7841
Education center	623-856-7722
EMERGENCY ONLY	911
Equal opportunity	623-856-7711
Eye clinic	623-856-7965
Falcon Dunes Golf Course	623-535-9334
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Family housing	623-388-3515
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Firestone Car Care	623-271-8104
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Flight medicine	623-856-2273
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Hobby shop	623-856-6722
Housing assistance section	623-856-7643
Housing facilities section	623-856-3007
Housing maintenance	623-935-2676
Identification cards	623-856-7832
Information, tickets and travel	623-856-6000
Law enforcement desk	623-856-5970
Legal assistance	623-856-6901
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Maintenance control center	623-856-5469
Marine Corps	623-856-2417
Marine Corps 24-hour duty desk	602-421-5806
Marketing	623-856-3245
Medical appointments	623-856-2273
Military equal opportunity	623-856-7711
Military pay	623-856-7028
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Orthopedic clinic	623-856-2273
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Sick call	623-856-2273
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Ticket/tour office	623-856-6000
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Luke Airman makes Spark Tank quarterfinals



Courtesy photo

U.S. Air Force Tech. Sgt. Daniel Fournier (then Staff Sgt) from the 56th Equipment Maintenance Squadron, shown here in a 2016 photo, will advance to the quarterfinals of the 2023 AFWERX Spark Tank Challenge.

**By Tech. Sgt.
KEITH JAMES**

Air Education and Training Command

JOINT BASE SAN ANTONIO-RANDOLPH, Texas —Two Airmen were selected to represent Air Education and Training Command for advancing to the quarterfinals of the 2023 AFWERX Spark Tank Challenge on Oct. 19.

Spark Tank, an annual event where Airmen pitch innovative ideas to Air Force leaders and industry experts, culminated at the AETC level as six innovations were presented and judged by leaders of the command. The committee was chaired by U.S. Air Force Maj. Gen. James Sears, deputy commander for AETC.

The ideas selected as the winners for AETC were Administrative Data Analysis and Maintenance Matrix program (A.D.A.M.M.), presented by U.S. Air Force Tech. Sgt. Daniel Fournier, 56th Equipment Maintenance Squadron

aerospace ground equipment craftsman, and Agile Content Evolution and Deployment (ACED), presented by U.S. Air Force Senior Master Sgt. Errick Wernecke, Air Force Safety Center superintendent of nuclear missile systems. "Innovation takes creativity and

courage to challenge the status quo and our top two selectees did just that," said U.S. Air Force Master Sgt. Michael Bridges, AETC's Innovation Directorate non-commissioned officer in charge of futures and innovations. "We encour-

See **QUARTERFINALS**, Page 7



Air Force file photo by Senior Airman Grace Lee

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Editorial Information

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The Thunderbolt is published by Aerotech News and Review, a private firm in no way connected with the U.S. Air Force, under exclusive written contract with the 56th Fighter Wing, Luke Air Force Base, Arizona. This civilian enterprise Air Force newspaper is an authorized monthly publication for members of the U.S. military services. The 56th Fighter Wing Public Affairs Office prepares all editorial content for the Luke Air Force Base website and social media and is the source for articles and

photos published in the Thunderbolt. The Thunderbolt editor is authorized to use photos and articles from other .mil or .gov websites.

Submission deadline is at noon the 15th day prior to the month of publication. Contributions for the Thunderbolt can be made via email to jenna@aerotechnews.com. The editor can be reached at jenna@aerotechnews.com.

The Thunderbolt uses material from the Armed Forces Information Service, Air Force News Service, AETC News Service and other sources. All advertising is handled by Aerotech News and Review. They can be reached by calling 877-247-9288.

Contents of the Thunderbolt are not necessarily the official views of, or endorsed by, the U.S. government, the Department of Defense or the Department of the Air Force.

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Yoga helps raise breast cancer awareness



U.S. Air Force photos by Airman 1st Class Jakob Hambricht

Members of the Luke Air Force Base community take part in a breast cancer awareness event. The event, held by the awareness organization Reba's Vision, featured a free yoga session, a static display, and a showcase with various items that are given to assist cancer patients with their daily lives.

In October, groups across the United States gather to raise awareness and research money for breast cancer aware-

ness to combat a disease that claims the lives of approximately 42,000 women and 500 men each year in the U.S. from

breast cancer, according to the Centers for Disease Control.

Members of the Luke Air Force Base,

Arizona, community participated in a breast cancer awareness event on Oct. 5. The event, held by the awareness organization Reba's Vision, featured a free yoga session, a static display, and a showcase with various items that are given to assist cancer patients with their daily lives.

"Deaths from breast cancer have declined over time, but breast cancer remains the second leading cause of cancer death among women overall and the leading cause of cancer death among Hispanic women," the CDC reports.

Many of those deaths are preventable. This year, the CDC is focusing on the message that prevention and early detection can save many of the 264,000 women and about 2,400 in men who are diagnosed with breast in the United States.

For more information, go to the CDC website at www.cdc.gov



U.S. Air Force Col. Colleen Frohling, 56th Medical Group chief nurse executive, speaks to attendees of a breast cancer awareness event planned by awareness organization Reba's Vision.



A member of Reba's Vision showcases some of the accessories given to breast cancer patients during an awareness event. The event was held in conjunction with breast cancer awareness month, which spans the entirety of October.



The Luke Air Force Base community does yoga in a parking lot during a breast cancer awareness event held by the awareness organization Reba's Vision.



U.S. Air Force Col. Colleen Frohling, 56th Medical Group chief nurse executive, and U.S. Air Force Chief Master Sgt. Jason Shaffer, 56th Fighter Wing command chief, celebrate breast cancer awareness month on Oct. 5.



Military Spouse Employment group adds partners

By
C. TODD LOPEZ

Department Of Defense News

The Defense Department has signed up an additional 70 government organizations, nonprofits and private sector companies to participate in its Military Spouse Employment Partnership program. With the new additions, there are now more than 600 such organizations committed to recruiting, hiring, promoting and retaining military spouses.

Gilbert R. Cisneros Jr., the undersecretary of defense for personnel and readiness, welcomed the new companies into the partnership during an induction ceremony at the three-day MSEP Engage 2022 event in Northern Virginia.

"I want to welcome and congratulate and thank the more than 70 new employer partners who have joined the Military Spouse Employment Partnership here today," Cisneros said. "Today we're celebrating your commitment and induction, and this marks the culmination of a robust vetting process, all of which clearly demonstrated that you, the class of 2023, are truly committed."

Since the MSEP program began in 2011, the program's partnering efforts have helped connect more than 250,000 military spouses to employment opportunities across all industry sectors, Cisneros said.



DOD Photo

During an induction ceremony on Oct. 25, the Defense Department added more than 70 new government organizations, nonprofits and private sector companies as partners within its Military Spouse Employment Partnership program. Those new organizations and companies have made a commitment to recruiting, hiring, promoting, and retaining military spouses.

"You've joined an elite group that opens you to the military spouse community and the diverse skills and talents that they offer," he said. "With these latest inductions

we're up to more than 600 total MSEP partners since we started this program back in 2011."

Additionally, more than 40,000 military

spouses were reported as hired by MSEP partners since last October, Cisneros said. "[That's] our largest hiring level ever," Cisneros said. "This is a testament to all of you, our enduring and new MSEP partners, and I can't wait to see those numbers in 2023."

This week during the annual MSEP Engage 2022 event, new and long-time MSEP partners meet for orientation sessions where they discuss how new partners can engage with the military spouse community. During the second day of the event, partners engage in networking and breakout sessions to focus on areas such as recruiting military spouses, understanding the challenges that military spouses face, and making companies more friendly to military spouses.

This year's event also features, for the first time, a third day where MSEP partners will meet with military spouses seeking employment.

Military families, like most civilian families, need both partners working to make ends meet. Because of numerous moves a family must endure in a military career, it's often a challenge for a service member's civilian partner to find sustained, meaningful employment, said Patricia M. Barron, the deputy assistant secretary of defense for military community and family policy.

See **MILITARY SPOUSE**, Page 7

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Chaplain's Corner ...

Praise vs Encouragement

Senior Airman Trent Kow, Religious Affairs

56th Fighter Wing

The year was 1998.

Name the artist from the following lyrics:

"I have to praise you; I have to praise you like I should..."

(Answer at end of article, upside down)

Praise and encouragement are not the same. Praise is defined as admiration or giving approval to someone. Encouragement is giving confidence or hope in another person.

Would you prefer to be praised or encouraged? Shockingly, researchers found praise hinders people and their performance. Researchers took two groups of college students, where both were given an easy task to accomplish. After completing the task, one group was praised by the researchers with statements such as, "That was easy for you," or, "You're so smart." The other was encouraged with words such as, "You worked really hard for that outcome," or, "Wow, you don't give up that easily, do you?"

The researchers then gave both groups the opportunity to choose a harder task or one just like the last. The group that was praised for their intellect stayed with the easier task, while the group encouraged for working hard accepted a more difficult challenge. Now, why would that be?

One reason is that the group was praised for some-

thing fixed, such a God-given talent or attribute (something they had nothing to do with like being naturally gifted in that task or something they didn't control). Whereas the group encouraged for trying hard were spurred by the researcher in what they could control, and the amount of effort given.

We lead and motivate people daily. We need to ask, "Are we trying to give approval to our people on areas that are innate to them and therefore take no effort or don't challenge them?" Or, "are we giving confidence and pouring hope into what our folks can control such as their attitudes, their character driven actions and perseverance?" We can ask ourselves, "Are we trying to gain admiration from our bosses for our position or what we've achieved," or, "Are we giving our efforts whole heartedly, our very best and nothing more, never comparing to any others, and do we, at the end of the day, make ourselves proud by being true to the purpose inside of us and what we know we're capable of?" Therefore, the pursuit of that end goal will not only encourage but also provide lasting contentment for those we lead and especially for ourselves.

For information about Luke AFB Chaplain Corps programs and events, "like" us on Facebook at Luke AFB Chapel. Feeling like you need to talk? Give us a call: 623-856-6211.

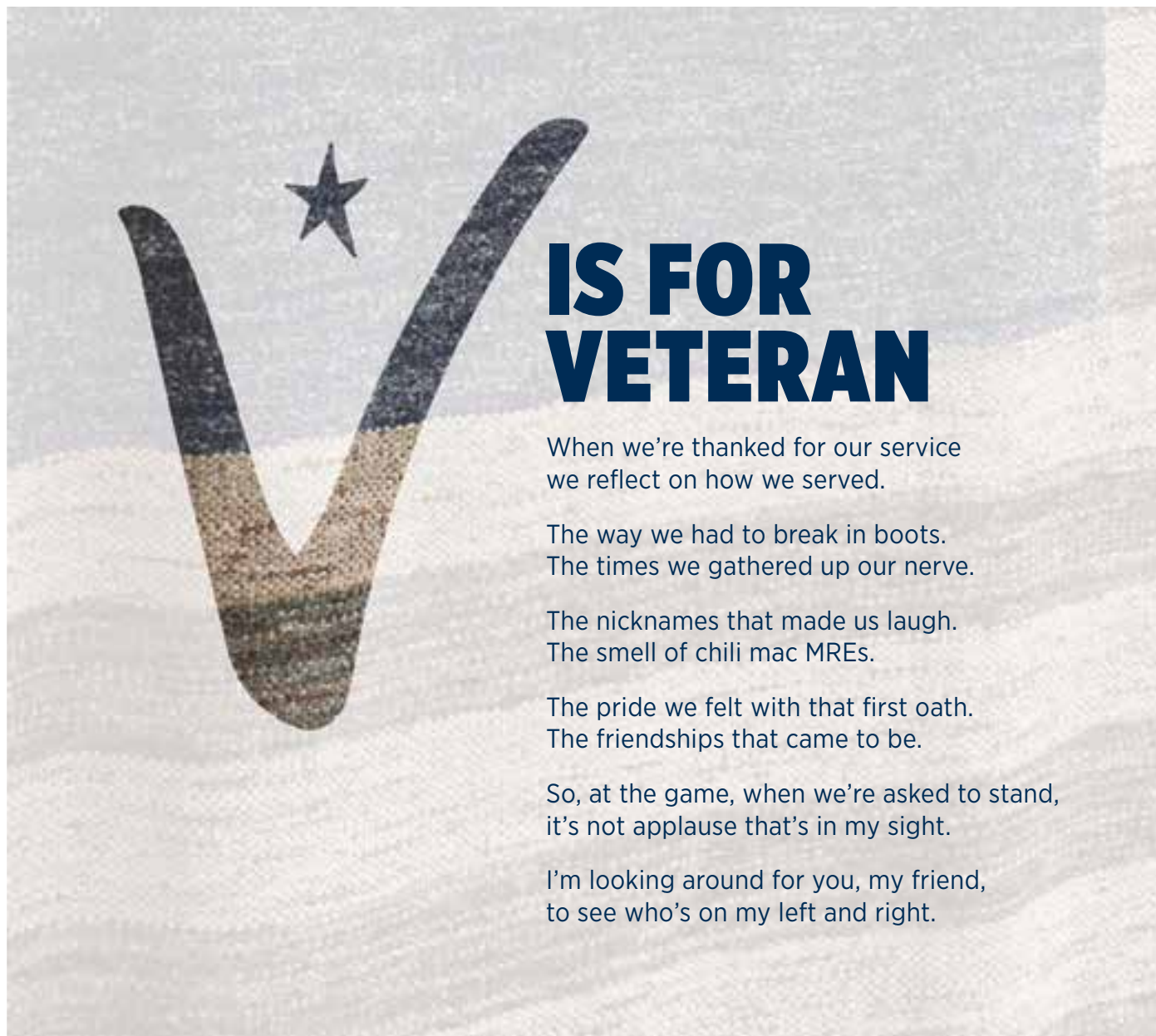
Answer:

Rayboy Slim



Courtesy photo

Senior Airman Trent Kow, 56th Fighter Wing Religious Affairs



IS FOR VETERAN

When we're thanked for our service we reflect on how we served.

The way we had to break in boots.
The times we gathered up our nerve.

The nicknames that made us laugh.
The smell of chili mac MREs.

The pride we felt with that first oath.
The friendships that came to be.

So, at the game, when we're asked to stand,
it's not applause that's in my sight.

I'm looking around for you, my friend,
to see who's on my left and right.



Scan to learn
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Honorary Commanders inducted



U.S. Air Force photos by Airman 1st Class Jakob Hambright

U.S. Air Force Brig. Gen. Jason Rueschoff, 56th Fighter Wing commander, addresses attendees of the 2022 honorary commander induction ceremony, Oct. 14, 2022, at Luke Air Force Base, Arizona. The honorary commander program seeks to help build relationships with the surrounding communities by connecting local and civic leaders with various unit commanders.



LEFT: U.S. Air Force Lt. Col. Kristen Schnell, 56th Comptroller Squadron commander, coins Gabe Hill and Kevin Michalzuk, honorary commander inductees, during a ceremony. The honorary commander coin signifies the induction of an individual as an honorary commander for the 56th Fighter Wing.



U.S. Air Force Lt. Col. Joshua Larsen, 56th Operation Support Squadron commander, coins Marc Hertzberg and Brandon Klippel, honorary commander inductees, during a ceremony, Oct. 14, 2022, at Luke Air Force Base, Arizona. There were 66 civic and local leaders inducted as part of the class of 2022.



Airmen from the 56th Fighter Wing and honorary commander inductees attend an induction ceremony. The ceremony marked the beginning of the honorary commander's two-year commitment to serve.



LEFT: U.S. Air Force Chief Master Sgt. Jason Shaffer, 56th Fighter Wing command chief, coins Thomas Maynard and Jenni Thomas, honorary commander inductees, during a ceremony.

MILITARY SPOUSE *(from Page 4)*

“Our unemployment rate kind of hovers around 21%, which is far above the civilian rate, as many of you know.”

As a military spouse herself, Barron said with each military move she made, she had to rely on her own creativity and resilience, along with the generosity of those she found work with.

“I do owe my employers so much because of their ability to support me and be flexible with my needs,” she said. “Partners, please know you make spouses feel very special. You give them a sense of relief, but more importantly, you give them a sense of self ... I encourage you to go explore, get creative, get to know the military spouses that you hire, because you’ll be very, very glad that you did.”

Programs like MSEP support the goals of Secretary of Defense Lloyd J. Austin III to better support taking care of people across the force.

“Military spouses provide the strong foundation upon which their loved ones in uniform stand — and our communities and our nation rely on their resilience,” Austin wrote last month in a memorandum to the force. “We owe them our energetic, unwavering support.”

Next week, more than 30 new employer partners will become part of a new initiative called “MSEP Small Business,” said Eddy Mentzer, the associate director of military community support programs.

Mentzer also said that in January, the



Photo by Army Sgt. Garrett L. Dipuma, Louisiana Army National Guard

The Military Spouse Employment Partnership program offers 12-week fellowships that help military spouses find meaningful employment.

department will put the first military spouse fellows into the DOD’s new Military Spouse Career Accelerator Program.

“Military spouses will be placed into 12-week fellowships where they will gain valuable skills while being compensated with the goal of full-time employment at the end of their experience,” Mentzer said.

For more information, visit <https://msepjobs.militaryonesource.mil/msep/our-partners>

QUARTERFINALS *(from Page 2)*

age the other 16 submissions from AETC to continue to break barriers and develop their ideas, we hope to see them come to realization in the future.”

A.D.A.M.M. is a relational database and graphic user interface that enables high resolution tactical and strategic decision capabilities from enhanced analysis across multiple dimensions of data points. The problem A.D.A.M.M. solves is the inability to view and monitor assets in the categorical nature of Aerospace Ground Equipment, which has historically consumed tremendous amounts of time.

The A.D.A.M.M. program addresses this issue by categorizing information with cross-table queries providing near-real-time asset tracking. Furthermore, by A.D.A.M.M. interlinking related data, maintainers can rapidly see fully kitted jobs and utilize the Theory of Constraints to reduce waste further and increase maintenance efficacy by equally empowering technicians with quality data, represented understandably. Finally, the time saved enhances training capabilities by providing the quality time necessary to mentor and develop the Air Force’s future leaders and technicians.

“A.D.A.M.M. connects related data from an information system to paint a holistic picture to enable both high and low data driven decision making,” Fournier said. “With A.D.A.M.M., supervisors will be able to make those decisions quickly, getting time back to focus on developing and training their Airmen.”

ACED is a concept of operations which utilizes the Small Business Innovation Research

(SBIR) program and AI-based technology, to create a platform capable of converting source documents into courses of instruction and procedurally generating assessment material. Those capabilities are then used to automatically generate instructional content, interact with stakeholders, assess students, and customize material based on unique individuals, teams, units and missions.

“Our Multi-Capable Airmen will need education and training to keep pace with the battlefield of tomorrow with courses of instruction being delivered in days not years,” said U.S. Air Force Senior Master Sgt. Errick Wernecke, Air Force Safety Center superintendent of nuclear missile systems. “With ACED we are able to develop the Airmen we need by using customized courses tailored to individuals and accelerate change through competency-based learning.”

The two teams will compete at the quarterfinals, in front of a judges’ panel comprised of AFWERX and secretary of the Air Force management members who will select the best ideas to compile a final slate of semifinalists for presentations to the next round of judges.

Winners at the semifinals move on to the final round of competition, which is scheduled during the Air Force Association’s Air Warfare Symposium in Aurora, Colorado, March 6-8, 2023.

“The event empowers our Airmen and intrapreneurs to be innovative and look at making the Air Force better,” said U.S. Air Force Col. Thomas Wegner, AETC’s Innovation Directorate director. “Sharing ideas and working with innovation officials has led to success stories such as Developing Airmen & Guardians with games for enhanced readiness in AETC.”

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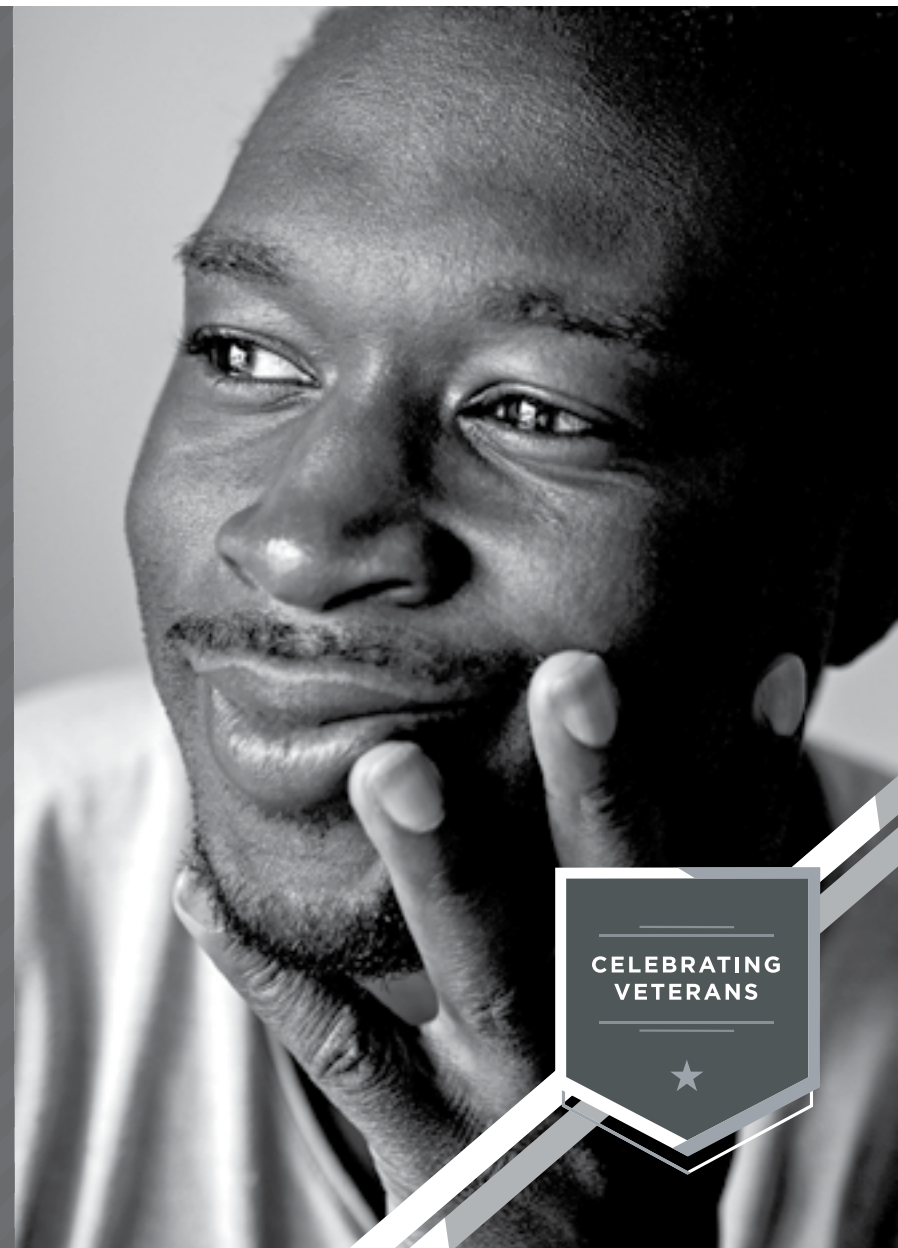


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CELEBRATING VETERANS





Vietnam Security Police Assoc. gath

By Airman
MASON HARGROVE

56th Fighter Wing Public Affairs

The 56th Security Forces Squadron hosted the 27th reunion for the Vietnam Security Police Association, Oct. 7, 2022, at Luke Air Force Base, Arizona.

The VSPA is an association of U.S. Air Force veterans who served in Vietnam and Thailand between 1958 and 1975. The purpose of the organization is to preserve the history and legacy that was made in southeast Asia.

"The impact of this event will be seen and felt for many years to come by each of the respective unit members who participated," said U.S. Air Force Chief Master Sgt. Jason Parrish, 56th SFS security forces manager. "Each member was impacted in their own way, that they will carry for the rest of their lives. The unit coming together to plan and execute the event builds our resolve and commitment as an organization."

Parrish highlighted the rich history and the vital role that the 56th Security Police Squadron played in the Vietnam conflict, while assigned to Nakhon Phanom (NKP) Royal Thai Air Force Base, Thailand. The actions of those 56th SPS Defenders, and all U.S. Air Force Security Police during the Vietnam Conflict serve as the cornerstone of their career field today.

"The Defenders who served as escorts on the buses will never forget the looks and smiles on the faces of the VSPA members and families as we welcomed with the full police escort and with salutes as they entered the installation gates," said Parrish.

Every year, members of the VSPA gather at various Air Force bases to memorialize those who were lost in the Vietnam War.

During this year's event, the 56th SFS showed a static F-35 Lightning II display, and a weapons and equipment display for the VSPA members. A coining ceremony for the attending Luke AFB Defenders also took place to honor those still serving.

As the largest career field in the Air Force, Defenders have always kept protecting mission assets as their number one priority.

"The most important thing in the association is the brotherhood we've formed," said Ret. U.S. Air Force Chief Master Sgt. Jerry Nelson, VSPA president. "The love and support we have for each other doesn't exist anywhere else."

From fighting in the jungles of Vietnam to standing sentry in Thailand, past and present defenders have and will forever share a bond that will never be broken.



Retired U.S. Air Force Chief Master Sgt. Jerry Nelson, Vietnam Security Police Association president, speaks c



U.S. Air Force retired military working dog, Max, stands with his owner during the Vietnam Security Police Association annual reunion at Luke Air Force Base. During his career, Max trained and was proficient in law enforcement procedures, including how to detect drugs and explosives.



U.S. Air Force Airmen from the 56th Security Forces Squadron stand at the firearm display during the Vietnam Security Police Association annual reunion. The Airmen showcased the capabilities of the various firearms and allowed VSPA members to hold and inspect the firearms during the VSPA annual reunion.



U.S. Air Force Police Association of U.S. and May 1975

Her to remember, strengthen bonds



U.S. Air Force photos by Airman Mason Hargrove

...ks during the annual reunion of the VSPA. The group visited Luke AFB's Air Park and remembered those who were lost in the Vietnam War.



...orce veterans wait for the memorial service speech during the Vietnam Security Association annual reunion at Luke Air Force Base, Arizona. The VSPA is an asso-
...U.S. Air Force veterans who served in Vietnam and Thailand between July 1958
1975.



U.S. Air Force veterans stand and listen to the memorial service speech during the Vietnam Security Police Association annual reunion.

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AFGE Local #1547 Lunch and Learn

AFGE Local #1547 will host a Lunch and Learn in conjunction with their regular monthly meeting for all Luke AAFES, NAF, Child Development Center, and DeCA civilian bargaining unit employees. The meeting will run noon-5

p.m., Nov. 15 in the Union Office – on the first floor, east end of Bldg. 156 at 14035 W. Mitchell Street, Luke AFB.

Come meet your union officers and agency representatives. Lunch will be provided.

HEART LINK *(from Page 1)*

open to all military spouses who are new to a base or location, especially if they would like to know more about helpful resources that are unique to the 56th Fighter Wing or the mission of Luke AFB.

“A lot of spouses can feel like they’re just a dependent,” said Laura Smith, a military spouse from the 62nd Fighter Squadron. “But these orientations give you a sense of how important you are to the military and to the mission, they want you to be involved.”

During the orientation, base agencies, such as Family Advocacy, the Wing Chaplain, Protocol, Key Spouses, First Sergeants and even the 56th FW command team, U.S. Air Force Brig. Gen. Jason Rueschhoff, 56th FW commander, and U.S. Air Force Chief Master Sgt. Jason Shaffer, 56th FW command chief, attended the event to brief the spouses on the overall mission at Luke AFB.

“They have very busy days,” said Smith. “And it was very cool that they took the time” to speak at Heart Link.

As part of Heart Link, Military spouses received a tour of the base to better understand how Luke AFB

functions on a day-to-day basis.

“We showed them where the commissary is,” said Robinson. “The Base Exchange, the Thrift Shop and the 56th Medical Group. On this tour, the 61st Fighter Squadron showed them the life-support equipment that pilots wear when they fly.”

During the tour, the 56th Security Forces Squadron K9 unit and 56th Civil Engineer Squadron Fire Department gave demonstrations.

“I had never been to the K9 unit or the Fire Department,” Smith said. “I’ve seen all these buildings from the outside, but now when I see them, it just feels closer. I’m more comfortable now. It just made me feel like a part of the mission. I’m thankful that I went. It was a day well spent.”

The staff members at the M&FRC continue to find new ways to support not only the men and women who serve, but those who choose to be there for them.

The next orientation is scheduled for April 26, 2023. Heart Link occurs twice a year currently and may become quarterly as the program progresses. For more details about M&FRC events, contact Edwin Robinson or Heidi Goodbar at 623-856-6550.








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 Active Duty Family Member	You can enroll in or change plans during the TRICARE Open Season .	You qualify to purchase a FEDVIP vision plan. You must enroll during Federal Benefits Open Season.	You don't qualify to purchase a FEDVIP dental plan. You can purchase dental coverage through the TRICARE Dental Program. Visit www.tricare.mil/tdp .
 Reserve Component Member or Family Member enrolled in TRICARE Reserve Select or TRICARE Retired Reserve	Not applicable. This doesn't apply to TRICARE Reserve Select® (TRS) or TRICARE Retired Reserve® (TRR). You can enroll year round in TRR/TRS if your eligibility is in good standing.	You qualify to purchase a FEDVIP vision plan. You must enroll during Federal Benefits Open Season.	You don't qualify to purchase a FEDVIP dental plan. You can get your dental care through the TRICARE Dental Program. Visit www.tricare.mil/tdp .
 Retired Service Member or Family Member	You can enroll in or change plans during the TRICARE Open Season .	You qualify to purchase a FEDVIP vision plan. You must enroll during Federal Benefits Open Season.	You qualify to purchase a FEDVIP dental plan. You must enroll during Federal Benefits Open Season.
 Retired Service Member or Family Member using TRICARE For Life	Not applicable. TRICARE Open Season doesn't apply to TRICARE For Life.	You qualify to purchase a FEDVIP vision plan. You must enroll during Federal Benefits Open Season.	You qualify to purchase a FEDVIP dental plan. You must enroll during Federal Benefits Open Season.



U.S. Air Force photo by Senior Airman David Busby

U.S. Air Force Maj. Brian Higgins, 61st Fighter Squadron instructor pilot (right), leads participants of the Heart Link Spouse Orientation onto the Luke AFB flight line. The orientation included a small tour of military operations, including the 61st FS, the 56th Security Forces Squadron K9 kennels and the 56th Civil Engineer Squadron Fire Department.

For more information, visit
www.tricare.mil/OpenSeason





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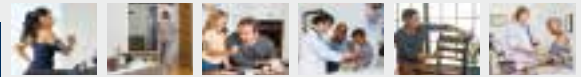
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Fire Prevention Week



“Sparky,” 56th Civil Engineer Squadron Fire Department mascot, joins the parade through base housing Oct. 13, 2022, at Luke Air Force Base, Arizona. The parade was in celebration of the 100th annual Fire Prevention Week and was met by base residents as they drove through the neighborhood.

U.S. Air Force photos by Senior Airman David Busby
“Sparky,” 56th Civil Engineer Squadron Fire Department mascot, waves hello to a Luke Air Force Base family during the Fire Prevention Week parade Oct. 13, 2022, at Luke Air Force Base, Arizona.



A 56th Civil Engineer Squadron fire truck joins the Fire Prevention Week Parade through base housing Oct. 13, 2022, at Luke Air Force Base, Arizona. The parade was in celebration of the 100th annual Fire Prevention Week and was met by base residents as they drove through the neighborhood.



U.S. Air Force Airman Steven Bautista, 56th Civil Engineer Squadron firefighter, rests after the Fire Prevention Week parade through base housing Oct. 13, 2022, at Luke Air Force Base, Arizona.

Secretary of Defense outlines position on reproductive care in DOD memo

Secretary of the Air Force

Public Affairs

ARLINGTON, Va. (AFNS) — Secretary of Defense Lloyd J. Austin III recently announced that the Department of Defense will take appropriate actions to ensure service members and their families can access reproductive health care within its authority and consistent with applicable federal law, in addition to clear guidance for health care providers to operate effectively.

These actions will establish travel and transportation allowances for service members and their families to access reproductive health care, establish additional privacy protections and conduct a comprehensive contraception education campaign.

Austin stated the actions outlined in the memo, Ensuring Access to Reproductive Health Care, should be executed no later than the end of the year to the maximum extent possible.

“Reproductive health care impacts readiness, recruiting, retention and quality of life. Our policies and programs will em-

power families to make appropriate decisions based on their needs,” said Secretary of the Air Force Frank Kendall.

Under Secretary of the Air Force Gina Ortiz Jones also stressed the importance of taking care of Airmen, Guardians and their families.

“Secretary Austin’s directive to update DOD reproductive health policies is critical to protecting Airmen and Guardians’ access to reproductive health care services, as well as their privacy,” Jones said. “This is about taking care of our people and about being mission ready. DAF leaders will continue to communicate with the Force as new policies are implemented to ensure awareness of available reproductive health care services and support.”

In his memo, Austin directed the DOD to accomplish certain actions to give service members and their families the time to make private health care decisions:

Establish travel and transportation allowances for service members and dependents to travel to access non-covered reproductive health care that is not available

within the local area of a service member’s permanent duty station, consistent with operational requirements and applicable federal law.

Establish additional privacy protections for reproductive health care information, including standardizing and extending the time service members have to fulfill their obligation to notify commanders of a pregnancy to no later than 20 weeks unless specific requirements to report sooner, such as those necessitated by occupational health hazards, are set forth in policy.

Conduct a comprehensive contraception education campaign to enhance service members’ awareness of the resources available to them and their families, including emergency contraception. That education campaign will also highlight that the DOD has eliminated TRICARE co-pays for medical contraceptive services, including intrauterine devices.

Austin also directed DOD officials to develop guidance to protect health care providers, who should not be held personally liable for performing their official duties.

The DOD will not change comprehensive access to contraception and family planning services for service members and their families. He directed military medical treatment facilities with the appropriate clinical capacity to expand their services, to include dedicated hours for walk-in contraceptive care for service members, and on a space available basis, for all other eligible beneficiaries. Some MTFs currently offer walk-in contraceptive services, and all MTFs will have walk-in contraceptive services by January 2023.

TRICARE beneficiaries also no longer have to pay cost-shares or co-payments for all TRICARE-covered contraceptives. These include IUDs, hormonal shots and slow-release hormonal rods, which go under the skin. This change went into effect July 28. If you paid for services on or after July 28, you can submit a claim to your TRICARE contractor after Nov. 1 to receive reimbursement.

For additional information on reproductive health care, visit Air Force Medical Services at www.airforcemedicine.af.mil/.



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Nov. 10 • 10:30am • Free
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Dec. 8 • 10:30am
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Falcon Dunes

FALCON DUNES CLOSED THANKSGIVING DAY
The entire Falcon Dunes facility will be closed Thanksgiving Day, Nov 24, in observance of the holiday.

JUNIOR GOLF CLINIC
Dec. 4 • 10-11am • \$25

Participants learn grip, stance, driving, chipping, putting techniques, and etiquette.

FALCON DUNES GRILL

The Falcon Dunes Grill has resumed their full service menu and is open daily from 6:30am - 1pm. In addition, catering services are available for parties, weddings, retirement ceremonies, etc. (max. number of guests is 110). Call Joe Crockett at 623-856-0004.

Outdoor Rec

VULTURE CITY GHOST TOWN TOUR
Nov. 5 • 8am - 4pm • Open to all • \$40
Limited to 12 participants

BLACK CANYON ATV ADVENTURE
Nov. 12 • 2-7pm • R4R - Single Airmen and Deployed Family Members Only • \$30
Limited to 13 participants

TANDEM JUMP SKYDIVING
Dec. 3 • 7am - 1pm • R4R - Single Airmen and Deployed Family Members Only • \$30
Limited to 20 participants

SNOWBOWL SKI TRIP
Dec. 10 • 5am - 5pm • R4R - Single Airmen and Deployed Family Members Only • \$30
Includes transportation, lift ticket, and ski rental. Limited to 13. Please dress appropriately. Tour

is snow and weather conditional.

SNOWBOWL SKI TRIP
Dec. 17 • 5am - 5pm • R4R - Single Airmen and Deployed Family Members - \$30 • All others - \$75
Includes transportation, lift ticket, and ski rental. Limited to 13. Please dress appropriately. Tour is snow and weather conditional.

Community Commons

CONCEALED CARRY PERMIT COURSE
Nov. 17 or Dec. 15 • 5-9:30pm
Active-duty, 19 yrs. & older • all others, 21 yrs. & older \$70 each - Permit \$60 (additional - Money Order required)
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Nov. 20 • 8am
Shotgun Start
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Club Members - \$54
Nonmembers - \$59
Guests - \$64
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Nov. 16 • 6-10am • Fitness Ctr. Track • Free
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Eight-member teams (*must include one female*), will compete in a series of events including tire flip, Humvee push, litter carry, tug-of-war, and more. Top scoring branch is the winner. For more information call 623-856-2291, or e-mail sherri.biringer@us.af.mil.

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JINGLE BELL FUN RUN

Dec. 16 • 7am • Open to all • Free • Falcon Dunes Golf Course
Trophies for 1st-3rd place male & female runners and most festive squadron. T-shirts, prize drawings, and refreshments.

SMOOTHIES, JUICE, & COFFEE BAR

Mon. - Fri. • 6am - 6pm
Smoothies, protein shakes, and coffee.

Squadron Holiday Party Bookings

Now is the time to schedule your squadron's 2022 holiday party. Available dates are filling-up quickly. Reservations are accepted on a first-come, first-served basis at Club Five Six, Falcon Dunes Golf Course, and the Community Commons.

Arts & Crafts

ROCK PAINTING CLASS

Nov. 9 • 10am - Noon • Sign-up by Nov. 7
\$10 includes all supplies • Ages 18 & older
We'll paint rocks in preparation for World Kindness Day on Nov. 13.

POTTERY CLASS

Nov. 12 • 10am - Noon • Sign-up by Nov. 10
\$35 includes all supplies • Ages 18 & older
Create handmade items using terracotta pottery.

DIY CHRISTMAS CARDS CLASS

Nov. 19 • 10am - Noon • Sign-up by Nov. 17
\$35 includes all supplies • Ages 18 & older
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BEADED SNOWFLAKES CLASS

Dec. 3 • 10am - Noon • Sign-up by Dec. 1
\$35 includes all supplies • Ages 18 & older
Create beautiful holiday decor.

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Dec. 10 • 10am - Noon • Sign-up by Dec 8
\$35 includes all supplies • Ages 18 & older
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Youth Programs

KIDS NIGHT OUT - CHRISTMAS CARD DAY
 Dec. 9 • 5:30-9:30pm • Ages 5(K)-12 and 13-18
 YP members - \$20 • Nonmembers - \$25
 Register by Dec. 7
 Create your own holiday cards, to mail to your loved ones. In addition, enjoy a variety of activities, crafts and snacks, Athletic shoes must be worn in the gym.

ITT

MOVIE THEATER TICKETS
 Harkins VIP Gold - \$9 • Popcorn Voucher - \$6
 AMC Movie Theaters: Yellow - \$9.50 • Black - \$11.50

ARIZONA CARDINALS TICKETS
 Salute to Service Game • Nov. 6 • Pricing varies depending on seating locations

ZOO LIGHTS TICKETS
 Select night beginning the end of Nov. through Jan. 2023 • 5:30-10:30pm • Phoenix Zoo • Adult and children's pricing varies

PHOENIX SUNS TICKETS
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 Select dates, Mon. - Thurs., in Nov. & Dec.

HOLIDAYS at DISNEYLAND RESORT
 Nov. 11 - Jan. 8 • 1-Day Park Hopper start at \$165

TRACK & FIELD
 Tues. and Thurs. • Now - Apr. 13 • 4:30-5:30pm
 Ages 5(K)-15 • \$50 • Sign-up now - Oct. 21
 Sports physical, immunization record, and proof of flu shot are required

56th Force Support Squadron

TELEPHONE DIRECTORY

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Auto Hobby Shop	856-6107
Bryant Fitness Center	856-6241
Bryant Fitness Center Annex	856-8299
Child Development Center	856-6338
Club Five Six	856-6446
Community Commons	856-7152
Falcon Dunes Golf Course	535-9334
Falcon Dunes Grill	856-0004
Family Child Care	856-2684
Fighter Country Inn (Lodging)	856-3941
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Marketing	856-3245
Military & Family Readiness	856-6550
NAF Human Resources	856-7755
Outdoor Recreation	856-6267
Saguaro Skies FamCamp	856-4891
School Age Programs	856-7471
Silver Wings Pool	602-739-4826
T-Bolt Cafe	856-6420
Wood Hobby Shop	856-6566
Youth Programs	856-7470
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